## **Medication at School Medication**

Policy and Procedures

**Purpose:** This policy is designed to ensure the safe administration of medications to students while maintaining the highest level of student health and safety.

# **Policy:**

#### 1. Medication Submission:

 Any prescription or over-the-counter (OTC) medication must be accompanied by a completed *Medication Administration Request Form* and submitted to the school health office for processing.

#### 2. Definition of Medication:

 Medications include but are not limited to: pills, liquids, inhalers, sprays, eye drops, ear drops, cough drops, and topically applied creams or ointments, which are intended to relieve symptoms or treat conditions.

#### 3. Medication at School:

 Medications will only be administered during school hours if they are necessary and cannot be given at home. Students are **NOT** allowed to carry any form of medication during school hours.

# 4. Parent/Guardian Responsibilities:

- All medication must be brought to the school clinic by a parent/guardian. This
  includes controlled substances, such as medications for ADD/ADHD and certain
  prescription pain medications. These medications must be counted and signed in
  by the parent/guardian upon delivery.
- Parents/guardians should contact the school Health Department if further assistance is needed.

#### 5. First Dose Administration:

• The **first dose** of any new medication must be administered at home, where the parent can monitor the child's reaction and ensure there are no adverse effects.

## 6. Self-Administration for High School Students:

- High school students may be allowed to carry and self-administer certain medications with written consent from both the parent and the physician.
  - The only medications permitted for self-carry are: insulin, asthma inhalers, and emergency epinephrine.
  - All other medications must be administered by school health personnel or other school officials.

#### 7. Intramuscular Injections (IM):

 Intramuscular injections (IM) will only be administered in emergency situations and in accordance with a physician's Emergency Action Plan for life-threatening conditions.

# 8. Prescription Medication Requirements:

 Prescription medications must be provided in the original pharmacy-labeled container, which must include the student's name, medication name, dosage instructions, and any other relevant information.

# 9. Homeopathic, Dietary, and Herbal Supplements:

- Homeopathic medications, dietary supplements, and herbal products may be administered in school if the following conditions are met:
  - The parent supplies the medication and submits written permission.
  - The medication is approved by the U.S. Food and Drug Administration (FDA) and appears in the United States Pharmacopeia (USP).
  - The medication is in its original, properly labeled container.
  - The medication cannot be administered at home.
  - A written request from a physician or healthcare professional is required to administer these types of medications at school.

# 10. Over-the-Counter (OTC) Medications:

- OTC medications may be given to students if the following conditions are met:
  - The medication is supplied by the parent, and written permission is provided. (Medication Administration Request Form)
  - The medication is FDA-approved and listed in the United States Pharmacopeia.
  - The medication is in its original, properly labeled container and is dosed appropriately for the student's age or weight.
  - The medication cannot be administered at home.
  - A written request from a healthcare professional is required if the medication will remain in the health office for more than 10 school days.

#### 11. Expired Medications:

 Expired medications will **NOT** be administered to students. Parents must ensure that medications are refilled and replaced before expiration. The school health office will not be responsible for notifying parents regarding expired medications.

#### 12. Medication Pick-Up:

 Medications stored in the school clinic must be picked up by a parent/guardian before the last day of the school year. No unused medication will be sent home with students, and any medication left unclaimed at the end of the school year will be destroyed.

## Responsibility of the Parent/Guardian:

• It is the sole responsibility of the parent/guardian to ensure that all medications are provided in accordance with the school's policy, properly labeled, and picked up at the end of the school year.

**Contact Information:** For further assistance, questions, or clarifications, parents/guardians should contact the campus Health Department.