

Asthma Care at School – Summary

1. Asthma Action Plan Requirement

- All students with asthma must submit a **new Asthma Action Plan** every school year. You must complete the medical Alert form.
- The plan must be **signed by both the physician and a parent/guardian**.
- Forms are available on the school website.

2. Medication at School

- Students who need to take **inhalers or nebulizers at school** must also submit **Medication Authorization Forms** to the health department.

3. Student Self-Carry Rights (House Bill 1688)

- Texas law allows students to **possess and self-administer asthma medication** at school or school events if:
 - The physician and parents authorize it in the **Asthma Action Plan**.
 - The student demonstrates to the school health the ability to recognize symptoms and use the medication correctly.

4. Self-Carry Responsibilities

- If no extra medication is stored with the school health, the **student is responsible for carrying their medication** at all times.
- The school **does not** stock emergency asthma medication.

5. Athletic Participation

- Students needing asthma medication for sports must go through the athletic director.
- If authorized to self-carry, students can take their medication to athletic activities.