

State-Required Student Health Screenings

Our health office and staff will conduct the following **state-mandated health screenings** during the school year (1st-12th). These screenings help identify potential health concerns early and ensure students are ready to learn.

Opting Out of Screenings

If you prefer your child to be examined by a **health care provider of your choice**, you may **opt out** of school screenings. Please contact your **campus health office** for more information and to submit the required documentation.

If you do **not** wish for your child to participate in one or more of the health screenings, you must send an **email to your child's campus health office**. In the email, **clearly state which specific screenings** you are choosing to opt out of.

Important Notes:

- If a screening result indicates a potential issue, you will receive a referral letter recommending further medical evaluation.
- The school **does not provide diagnoses** but can guide you toward the next steps.
- If you do not have insurance or cannot afford care, your **campus nurse can help connect you** with low-cost or free healthcare services.

1. Vision & Hearing Screenings

Required for students in:

- Early Childhood (EC)
- Pre-Kindergarten (PK)
- Kindergarten (KN)
- 1st Grade (01)
- 3rd Grade (03)
- 5th Grade (05)
- 7th Grade (07)
- *All new students in other grades*

Note: If a student fails two screenings, a referral letter will be sent recommending a full evaluation by an **eye doctor** and/or **audiologist**.

2. Scoliosis (Spinal) Screening

Required for:

- **Girls:** 5th grade & 7th grade.
- **Boys:** 8th grade

This screening checks for signs of **scoliosis**, **kyphosis**, or **lordosis** and is performed **privately** by trained school staff.

Parents of students with positive findings will be notified and given recommendations for further care.

3. Acanthosis Nigricans (AN) Screening

Required for:

- 1st Grade (01)
- 3rd Grade (03)
- 5th Grade (05)
- 7th Grade (07)

AN is a skin condition that may signal **insulin resistance**, a risk factor for **Type 2 Diabetes**. The **back of the neck** will be visually checked during this screening.

If AN is detected:

- Additional measurements of **blood pressure, height, and weight** will be taken **privately** at a later time.
- Parents will be contacted with the results and any necessary follow-up information.

If you have any questions or concerns, please contact your **campus school health** for assistance.