

Type ____ Diabetes

Student's Name: _____ Birth Date: _____

Grade: _____ Teacher(s): _____

OBJECTIVES/GOALS OF THIS PLAN

Can cause blood glucose (sugar) levels to become too high (hyperglycemia) or too low (hypoglycemia), both of which may affect a student's ability to safely participate in school activities and may place the student's health at immediate or long-term risk.

The purpose of this Diabetes Medical Care Plan is to establish an individualized plan for the student's diabetes management while attending Brighter Horizons Academy. This plan is intended to promote the student's health and safety while outlining the responsibilities of the parent/guardian, healthcare provider, student, and school personnel.

This plan is based upon the student's current Diabetes Medical Management Plan (DMMP), physician orders, and information provided by the parent/guardian under physician orders. It must be completed before the beginning of each school year and updated whenever there is a change in the student's diabetes treatment plan.

Brighter Horizons Academy and its school personnel will make reasonable efforts to provide diabetes care consistent with this plan, the student's physician orders, the Diabetes Medical Management Plan (DMMP), available personnel, available supplies, and school policies. The parent/guardian acknowledges that diabetes is a complex medical condition and that unforeseen medical emergencies may occur despite appropriate care.

DEFINITIONS USED IN THIS PLAN

Individual Health Care Plan (IHP)

A written plan describing the student's diabetes management while attending school. The Individual Health Care Plan (IHP) is developed using the student's Diabetes Medical Management Plan (DMMP), physician orders, and information provided by the parent/guardian.

The parent/guardian is responsible for submitting a current Diabetes Medical Management Plan (DMMP), physician orders, emergency medication orders, and updated medical information at the beginning of each school year and whenever treatment changes occur.

2. Quick Reference Emergency Plan A concise emergency action plan outlining the recognition and treatment of hypoglycemia, hyperglycemia, diabetic emergencies, and emergency response procedures for school personnel.

3. School Personnel

School personnel responsible for supervising or assisting the student will receive information appropriate to their responsibilities regarding the student's diabetes care, emergency procedures, physician orders, and Diabetes Medical Management Plan (DMMP), when applicable.

1. PROVISION OF DIABETES CARE

School personnel will make reasonable efforts to provide diabetes care consistent with the student's Diabetes Medical Management Plan (DMMP), physician orders, available personnel, available supplies, and school policies.

School personnel may receive education regarding diabetes management, recognition of hypoglycemia and hyperglycemia, emergency response procedures, and when Emergency Medical Services (EMS) should be activated.

The student's Individual Health Care Plan (IHP), Diabetes Medical Management Plan (DMMP), physician orders, emergency medication instructions, and emergency contact information will be maintained by the school and made available only to school personnel with a legitimate educational or safety need to know, while maintaining student confidentiality.

STUDENT'S LEVEL OF SELF-CARE AND LOCATION OF SUPPLIES AND EQUIPMENT

3.1 As stated in the attached IHP and DMMP:

The student is able to independently perform the following diabetes care tasks without assistance or supervision:

The student requires assistance and/or supervision with the following diabetes management tasks:

3.2

The student may carry physician-approved diabetes supplies, quick-acting glucose, snacks, insulin, insulin pump supplies, continuous glucose monitor (CGM) equipment, and other diabetes-related supplies as authorized by the healthcare provider and Parent/guardian. (Must be in that order no addition care without healthcare provider approval, see parent agreement.)

Students approved to self-carry are responsible for maintaining possession of their diabetes supplies and using them only for their own diabetes management. Students shall not share medications, medical devices, snacks, or diabetes supplies with any other individual.

3.3

Diabetes supplies and equipment not carried by the student, including backup medications, insulin, glucagon and/or Baqsimi, snacks, batteries, insulin pump supplies, continuous glucose monitor (CGM) supplies, and other emergency equipment, will be stored in the health office.

3.4

The parent/guardian is responsible for providing all medications, diabetes supplies, snacks, physician orders, emergency medications, equipment, and any other items necessary for the student's diabetes care while at school.

The parent/guardian agrees to:

- Provide replacement medications, supplies, and equipment before they expire, become depleted, or malfunction.
- Notify school personnel immediately of any changes to the student's physician orders, Diabetes Medical Management Plan (DMMP), medications, insulin doses, correction factors, carbohydrate ratios, emergency contacts, or treatment plan.
- Ensure all medications, devices, equipment, and diabetes supplies are in proper working condition prior to the student arriving at school.
- Provide backup diabetes supplies and emergency medications when requested.
- Provide updated physician orders whenever changes to the student's diabetes treatment occur.
- Acknowledge that failure to provide required medications, supplies, physician orders, or updated medical information may limit the school's ability to provide diabetes care consistent with the student's Diabetes Medical Management Plan (DMMP).
- The student is expected to follow their Diabetes Medical Management Plan (DMMP) at all times while at school and during school-sponsored activities, including reporting to the Health Office as directed, sharing continuous glucose monitor (CGM) data if approved in the DMMP, notifying authorized school personnel of concerning blood glucose levels or symptoms, and not administering corrective insulin or other diabetes treatment without following the student's approved care plan. Failure to comply with the DMMP or School diabetes procedures may result in the student being required to be picked up if the school determines the student's diabetes cannot be safely managed.
- The parent/guardian acknowledges that the School cannot assume responsibility for diabetes-related complications resulting from the student's failure to follow their Diabetes Medical Management Plan (DMMP), including but not limited to disabling or disconnecting diabetes monitoring devices, failing to share glucose data when required, failing to report abnormal blood glucose levels or symptoms, refusing diabetes care, missing required glucose checks, consuming food without following the prescribed care plan, or independently administering diabetes treatment without notifying authorized school personnel.

4. SNACKS AND MEALS

The parent/guardian will provide all medically necessary snacks, beverages, carbohydrate information for food brought from home, and any special dietary items required for the student's diabetes management.

School personnel will make reasonable efforts to assist the student in following the meal and snack schedule outlined in the student's Diabetes Medical Management Plan (DMMP). The parent/guardian acknowledges that school schedules may occasionally change due to testing, emergency situations, assemblies, field trips, weather, or other school activities.

The parent/guardian is responsible for notifying school personnel in writing of any changes to the student's meal plan, carbohydrate ratios, insulin requirements, snack schedule, or physician instructions.

Meal and snack schedules may be adjusted when medically appropriate, when directed by the student's healthcare provider, or when necessary because of changes to the school schedule.

The parent/guardian is responsible for providing accurate carbohydrate counts and insulin dosing instructions for the student's meals and snacks in accordance with the student's Diabetes Medical Management Plan (DMMP). Authorized school personnel will administer insulin as ordered. If a correction dose, dose adjustment, or other concern arises during the school day that is not specifically addressed in the DMMP, authorized school personnel will contact the parent/guardian for guidance before administering insulin, unless immediate emergency treatment is required.

5. EXERCISE AND PHYSICAL ACTIVITY

The student may participate in physical education classes, recess, athletics, and school-sponsored activities as permitted by the student's Diabetes Medical Management Plan (DMMP) and healthcare provider.

Reasonable efforts will be made to ensure that quick-acting glucose, water, and the student's diabetes supplies are readily accessible during physical education classes,

If the student's blood glucose level or medical condition indicates participation may not be medically appropriate, school personnel may temporarily limit participation until the student's condition has stabilized in accordance with physician orders and the Diabetes Medical Management Plan (DMMP).

School personnel responsible for supervising the student during physical education classes and recess will be provided with appropriate emergency diabetes instructions as needed. For athletics and extracurricular activities, the parent/guardian is responsible for notifying the Athletic Director and/or the supervisor of the activity of the student's

diabetes care needs and ensuring that all required diabetes care arrangements, supplies, and emergency procedures are in place before the student participates. Diabetes care during athletics and extracurricular activities will be coordinated through the Athletic Director or the activity supervisor and is not the responsibility of the School Health Office

6. WATER AND BATHROOM ACCESS

The student will be permitted reasonable access to water and restroom facilities throughout the school day as medically necessary for diabetes management.

When medically appropriate, the student may keep a water bottle readily available during the school day.

7. CHECKING BLOOD GLUCOSE LEVELS, INSULIN AND MEDICATION ADMINISTRATION, AND TREATING HIGH OR LOW BLOOD GLUCOSE LEVELS

The student's level of self-management is described in Section 3 of this plan.

Blood glucose monitoring will be performed according to the student's Diabetes Medical Management Plan (DMMP), physician orders, or whenever symptoms of hypoglycemia or hyperglycemia are present, or whenever the student reports that their blood glucose level may be outside of their target range.

Insulin and other diabetes medications will be administered in accordance with the student's physician orders and Diabetes Medical Management Plan (DMMP). School personnel will make reasonable efforts to notify the parent/guardian regarding significant diabetes-related concerns or medication administration when appropriate. Emergency treatment will **not** be delayed in order to contact the parent/guardian.

Reasonable privacy will be provided for blood glucose monitoring and medication administration whenever feasible and requested by the student, recognizing that emergency situations may require immediate treatment.

The student's individualized target blood glucose ranges, signs and symptoms, treatment instructions, carbohydrate ratios, correction factors, insulin orders, and emergency procedures are contained within the attached Diabetes Medical Management Plan (DMMP) and Individual Health Care Plan (IHP).

Whenever a student requests assistance, or school personnel reasonably suspect symptoms of hypoglycemia or hyperglycemia, the student will remain under adult supervision until appropriate diabetes care can be provided. Students experiencing actual or suspected severe hypoglycemia or hyperglycemia should never be left unattended or sent alone to another location.

If a student is found unconscious, unresponsive, experiencing a seizure, or otherwise experiencing a suspected life-threatening diabetic emergency, school personnel will immediately:

1. Contact Emergency Medical Services (911).

The parent/guardian acknowledges that emergency medical treatment may be necessary before the parent/guardian can be contacted.

8. FIELD TRIPS AND EXTRACURRICULAR ACTIVITIES

8.1

The student may participate in school-sponsored field trips, athletics, clubs, and extracurricular activities when the student's medical condition can be safely managed in accordance with the student's Diabetes Medical Management Plan (DMMP), physician orders, available personnel, and the nature of the activity.

Parent/guardian attendance on field trips is strongly encouraged. If the school determines that the student's medical needs require supervision or care beyond what can reasonably be provided during a particular activity, the parent/guardian will be required to accompany the student in order for participation to occur safely.

If the parent/guardian elects for the student to attend a field trip without them and is not required to attend, the parent/guardian acknowledges that the student is capable of managing their diabetes in accordance with their Diabetes Medical Management Plan (DMMP), communicating their diabetes care needs, recognizing and promptly reporting symptoms of hypoglycemia, hyperglycemia, or other diabetes-related concerns, and seeking assistance from authorized school personnel when needed.

For athletics, clubs, and extracurricular activities, the parent/guardian is responsible for notifying and coordinating the student's diabetes care needs directly with the Athletic Director and/or the activity sponsor or supervisor. The School Health Office and school

personnel are not responsible for providing diabetes care, medications, supplies, or medical supervision during after-school athletics or extracurricular activities.

8.2

Reasonable efforts will be made to ensure that the student's diabetes supplies and emergency medications accompany the student during school-sponsored activities when medically necessary.

School personnel may provide diabetes-related assistance in accordance with the student's Diabetes Medical Management Plan (DMMP), physician orders, school policies, and applicable law.

If the school determines that appropriate supervision or medical support cannot reasonably be provided during a particular activity, the school will work with the parent/guardian to determine an appropriate plan that supports the student's safe participation.

9. TESTS AND CLASSROOM WORK

9.1

If the student's blood glucose level significantly affects the student's ability to complete classroom work or testing, reasonable academic accommodations may be provided consistent with the student's medical needs and school policies.

9.2

The student may take medically necessary breaks to check blood glucose, administer medication, consume a snack, drink water, use the restroom, or otherwise manage diabetes. When appropriate, reasonable additional time may be provided to complete classroom assignments or testing.

9.3

Reasonable opportunities will be provided for the student to make up classroom instruction or assignments missed because of medically necessary diabetes care.

9.4

Absences related to diabetes management, medical appointments, or diabetes-related illness will be handled in accordance with school attendance policies. Medical documentation may be requested when appropriate.

10. COMMUNICATION

10.1

The student's medical information will be shared only with school personnel who have a legitimate educational or safety need to know, consistent with applicable privacy laws and school policy.

10.2

School personnel will encourage the student's age-appropriate independence in diabetes self-management while providing assistance when medically necessary and appropriate.

10.3

When reasonably practical, school personnel will notify the parent/guardian of significant schedule changes that may substantially affect the student's diabetes management, including changes involving physical activity, field trips, testing schedules, meal schedules, or other school-sponsored activities.

10.4

Substitute teachers and other school personnel responsible for supervising the student will be provided with appropriate emergency diabetes instructions and other relevant information necessary to promote the student's health and safety.

11. EMERGENCY EVACUATION AND SHELTER-IN-PLACE

11.1

During an emergency evacuation, lockdown, shelter-in-place, or other emergency situation, **school personnel** will make reasonable efforts to continue the student's

diabetes care consistent with the student's Diabetes Medical Management Plan (DMMP), physician orders, available medications, supplies, and the circumstances of the emergency.

11.2

During an emergency evacuation, shelter-in-place, lockdown, or other emergency, school personnel will make reasonable efforts to provide diabetes care consistent with the student's Diabetes Medical Management Plan (DMMP), physician orders, available medications, supplies, and the circumstances of the emergency.

Reasonable efforts will be made to transport the student's diabetes medications, emergency medications, supplies, equipment, and emergency treatment information whenever it is safe and feasible to do so.

School personnel will make reasonable efforts to notify the parent/guardian as soon as practical regarding the student's condition and any significant medical treatment provided. Emergency medical treatment will **not** be delayed in order to contact the parent/guardian.

12. PARENTAL NOTIFICATION

12.1 PARENTS/GUARDIANS WILL BE NOTIFIED AS SOON AS REASONABLY PRACTICAL IN THE FOLLOWING SITUATIONS:

School personnel will make reasonable efforts to notify the parent/guardian whenever any of the following occurs:

- Symptoms of severe hypoglycemia, including but not limited to continuous crying, altered mental status, seizure activity, loss of consciousness, inability to swallow safely, or any condition requiring emergency medical intervention.
- Blood glucose level below _____ or remaining below _____ after _____ minutes following treatment with juice, glucose tablets, or other physician-approved treatment.
- Symptoms of severe hyperglycemia, including persistent vomiting, moderate or large ketones, difficulty breathing, altered mental status, blood glucose above _____, or other symptoms requiring medical intervention.

- The student refuses diabetes treatment, refuses to eat when medically necessary, refuses insulin, or refuses other prescribed diabetes medications.
- Any illness, injury, or medical condition that significantly affects the student's diabetes management.
- Insulin pump, continuous glucose monitor (CGM), or other diabetes equipment malfunction that cannot reasonably be corrected at school.
- Emergency Medical Services (911) have been activated.
- Other physician-specific instructions:

12.2 EMERGENCY CONTACT INSTRUCTIONS

School personnel will attempt to contact the parent/guardian using the emergency contact information provided by the parent/guardian.

If the parent/guardian cannot be reached, the school will contact the emergency contacts listed in the student's records.

The parent/guardian is responsible for ensuring that all emergency contact information remains current throughout the school year.

STUDENT DIABETES SELF-MANAGEMENT RESPONSIBILITIES AGREEMENT

Students approved by their healthcare provider, parent/guardian, and the school to independently manage their diabetes while at school agree to follow their Diabetes Medical Management Plan (DMMP), physician orders, school policies, and the responsibilities outlined below.

Students approved to self-carry and/or self-manage diabetes are responsible for:

- Carrying all required diabetes supplies, medications, emergency medications, and medical devices each school day.
- Maintaining diabetes supplies, medications, and equipment in safe working conditions.
- Protecting diabetes supplies and medications from damage, loss, theft, misuse, and unauthorized access.

- Using diabetes medications, supplies, and medical devices only for their own diabetes management.
- Never share insulin, medications, needles, lancets, pumps, sensors, glucose tablets, snacks, or other diabetes supplies with another individual.
- Immediately reporting lost, stolen, damaged, expired, or malfunctioning diabetes supplies or equipment to **school personnel**.
- Immediately notifying **school personnel** whenever blood glucose levels fall outside physician-established treatment parameters or whenever assistance is needed.
- Reporting **school personnel** whenever required by the student's DMMP or when directed by school personnel.
- Cooperating with school personnel regarding diabetes management.
- Following all physician instructions and school policies related to diabetes care.

If the student's self-management creates a safety concern, if diabetes supplies are repeatedly unavailable, if medications are misused, or if the student is unable to safely perform diabetes self-management responsibilities, Brighter Horizons Academy reserves the right to review, modify, suspend, or revoke the student's self-carry or self-management privileges in consultation with the parent/guardian and healthcare provider.

PARENT/GUARDIAN RESPONSIBILITIES

The parent/guardian agrees to:

- Provide all physician orders, Diabetes Medical Management Plans (DMMP), medications, emergency medications, snacks, supplies, batteries, insulin pump supplies, sensors, and equipment necessary for diabetes care.
- Replace expired, damaged, depleted, or malfunctioning medications and supplies promptly.
- Notify **school personnel** immediately of any changes to physician orders, insulin doses, carbohydrate ratios, correction factors, target blood glucose ranges, emergency contacts, medications, or diabetes treatment plans.
- Ensure the student arrives at school each day with all required diabetes supplies when self-carry has been approved.
- Provide backup diabetes supplies and emergency medications when requested.
- Maintain current emergency contact information throughout the school year.

- Acknowledge that failure to provide required medical information, medications, physician orders, or supplies may limit the school's ability to provide diabetes care consistent with the student's Diabetes Medical Management Plan (DMMP).
- The parent/guardian understands that changes to the student's diabetes treatment plan, medications, insulin doses, carbohydrate ratios, correction factors, or medical procedures require updated written orders from the student's licensed healthcare provider before school personnel can implement those changes, except in a medical emergency or as otherwise required by law.
- The parent/guardian is responsible for providing accurate carbohydrate counts and insulin dosing instructions for the student's meals and snacks in accordance with the student's Diabetes Medical Management Plan (DMMP). Authorized school personnel will administer insulin as ordered. If a correction dose, dose adjustment, or other concern arises during the school day that is not specifically addressed in the DMMP, authorized school personnel will contact the parent/guardian for guidance before administering insulin, unless immediate emergency treatment is required.

ACKNOWLEDGMENT

By signing below, the student (when appropriate) and parent/guardian acknowledge that they have read, understand, and agree to comply with this Diabetes Medical Care Plan. The parent/guardian understands that Brighter Horizons Academy and its school personnel will make reasonable efforts to provide diabetes care in accordance with the student's physician orders, Diabetes Medical Management Plan (DMMP), available personnel, available supplies, and school policies. The parent/guardian acknowledges that diabetes is a complex medical condition and that medical emergencies may occur despite appropriate care. Brighter Horizons Academy relies upon the physician's orders, medical information, medications, emergency medications, supplies, equipment, and instructions provided by the parent/guardian and healthcare provider.

The parent/guardian further acknowledges that failure to provide accurate, complete, or updated medical information, medications, equipment, physician orders, or diabetes supplies may limit the school's ability to provide diabetes care consistent with this plan.

Student Name: _____

Parent/Guardian

Printed Name: _____

Signature: _____

Date: _____

Phone Number: _____

Licensed Healthcare Provider (must be signed by the healthcare provider)

☐ **I have completed and provided the student's current Diabetes Medical Management Plan (DMMP) and healthcare provider orders for school diabetes care.**

Provider Name: _____

Practice Name: _____

Signature: _____

Date: _____

Phone Number: _____